

**Individuals with Memory Changes and Their Care Partners
are invited to join the**



Memory Café offers a supportive and welcoming space for individuals with memory changes and their care partners. This is an opportunity to participate together to build support networks and engage in personal enrichment. **Join us for refreshments, conversation, and meaningful programs.**

Facilitated by
Amy Steinberg

Free and open to the community.
Kosher dietary laws observed.

For questions, contact Amy Steinberg at
asteinberg@jcsbaltimore.org
or 410-843-7457.

**4th Wednesday
Each Month
2:00 – 3:00 pm
L'Chaim Day Program**
3617 Seven Mile Lane, Pikesville, 21208

**Pre-registration required. RSVP at
jcsbalt.org/memory-cafe**

