



The NaomiCenter



Join Us for

Hearts & Horizons

A WEEKLY WOMEN'S INSPIRATION
& GROWTH CIRCLE

Looking for a meaningful way to connect, share, and grow alongside fellow women in our community? We invite you to join us for a new, uplifting weekly gathering designed to nourish the spirit and spark inspiration. This is a warm, welcoming space where women come together to share life wisdom, find mutual encouragement, and grow together.

We are honored to have this group facilitated by

Tzipora Frager, LCSW-C

A graduate of Bais Yaakov of Baltimore, with over 25 years of experience across Johns Hopkins, the University of Maryland, and local school systems, Mrs. Frager brings a wealth of professional insight to our informal, heart-to-heart discussions.

This program is a proud joint initiative of L'Chaim Adult Day Center and The Naomi Center, dedicated to bringing quality, private, and inspiring programming to the women of Baltimore.

No RSVP needed. We look forward to welcoming you!

When: Thursdays at 2:00 p.m.

**Where: Held privately in the
Library at L'Chaim Adult Day
Center
3617 Seven Mile Lane**

Cost: Free of Charge

**Who: Open to all women in the
community.**

